

From
Deadly
Sin



The Quest for Holiness



To
Divine
Virtue

The
Quest
for
Holiness

From Deadly Sin to Divine Virtue

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From
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Sin



To
Divine
Virtue

1. Pride
2. Anger
3. Lust
4. Envy
5. Greed
6. Gluttony
7. Sloth

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1. Humility
2. Patience
3. Purity
4. Brotherly Love
5. Generosity
6. Abstinence
7. Perseverance

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Genesis 2:16-17

And the LORD God commanded the man,
"You are free to eat from any tree in the garden;
but you must not eat from the tree
of the knowledge of good and evil,
for when you eat from it
you will certainly die."

Gluttony and Abstinence

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Exodus 16:3

The Israelites said to them,
"If only we had died by the LORD's hand in Egypt!
There we sat around pots of meat
and ate all the food we wanted,
but you have brought us out into this desert
to starve this entire assembly to death."

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Exodus 16:4

Then the LORD said to Moses,
"I will rain down bread from heaven for you.
The people are to go out each day
and gather enough for that day.
In this way I will test them
and see whether they will follow my instructions.

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Exodus 16:5, 11-12

On the sixth day they are to prepare what they bring in,
and that is to be twice as much
as they gather on the other days."

The LORD said to Moses,

"I have heard the grumbling of the Israelites.

Tell them, 'At twilight you will eat meat, and in the
morning you will be filled with bread. Then you will know
that I am the LORD your God.'

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Exodus 16:13-15

That evening quail came and covered the camp, and in the morning there was a layer of dew around the camp. When the dew was gone, thin flakes like frost on the ground appeared on the desert floor. When the Israelites saw it, they said to each other, "What is it?"

For they did not know what it was.

Moses said to them,

"It is the bread the LORD has given you to eat.

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Exodus 16:16-18

This is what the LORD has commanded:

'Everyone is to gather as much as they need. Take an omer for each person you have in your tent.' "

The Israelites did as they were told; some gathered much, some little.

And when they measured it by the omer, the one who gathered much did not have too much, and the one who gathered little did not have too little. Everyone had gathered just as much as they needed.

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Exodus 16:19-21

Then Moses said to them,
"No one is to keep any of it until morning."
However, some of them paid no attention to Moses;
they kept part of it until morning,
but it was full of maggots
and began to smell.
So Moses was angry with them.

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Exodus 16:22-23

On the sixth day, they gathered twice as much--two omers for each person--and the leaders of the community came and reported this to Moses. He said to them, "This is what the LORD commanded: 'Tomorrow is to be a day of sabbath rest, a holy sabbath to the LORD. So bake what you want to bake and boil what you want to boil. Save whatever is left and keep it until morning.'"

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Exodus 16:24-27

So they saved it until morning, as Moses commanded, and it did not stink or get maggots in it.

"Eat it today," Moses said,

"because today is a sabbath to the LORD.

You will not find any of it on the ground today.

Six days you are to gather it, but on the seventh day, the Sabbath, there will not be any."

Nevertheless, some of the people went out on the seventh day to gather it, but they found none.

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Gluttony = an **excessive** desire to consume.

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Gluttony = an **excessive** desire to consume.

Eat - greedily or ravenously

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Gluttony = an **excessive** desire to consume.

Eat - greedily or ravenously

Abstinence – achieved through **fasting**

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Joshua 7:21

“When I saw in the plunder
a beautiful robe from Babylonia,
two hundred shekels of silver
and a bar of gold weighing fifty shekels,
I coveted them and took them.”

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Romans 7:18

For I know that good itself does not dwell in me,
that is, in my sinful nature.

For I have the desire to do what is good,
but I cannot carry it out.

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Romans 8:1-5

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Therefore, there is now no condemnation for **those who are in Christ Jesus**, because through Christ Jesus the law of **the Spirit** who **gives life** has **set you free** from the law of sin and death. For what the law was powerless to do because it was weakened by the flesh, God did by sending his own Son in the likeness of sinful flesh to be a sin offering. And so he condemned sin in the flesh, in order that the righteous requirement of the law might be fully met in us, who do not **live** according to the flesh but **according to the Spirit**. Those who live according to the flesh have their minds set on what the flesh desires; but **those who live in accord with the Spirit** have their minds set on what the Spirit desires.

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Galatians 2:20

I have been crucified with Christ and I no longer live,
but Christ lives in me.

The life I now live in the body,
I live by faith in the Son of God,
who loved me and gave Himself for me.

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Transformation of character
through a change of nature

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Gluttony



Abstinence

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